

# Tower Lanes Volleyball Rules and Regulations

## Play will only be called due to electrical storms Thursday Night

Teams must provide their own ball for practice. The House will provide game balls only.

### GENERAL:

1. ABSOLUTELY NO CARRY INS ALLOWED
2. NO PETS ALLOWED
3. ALL CHILDREN MUST BE KEPT AWAY FROM PLAY AREA
4. FULL PAYMENT OF DUES BY FIRST NIGHT OF PLAY
5. ALL PLAYERS MUST BE A MINIMUM OF 21 YEARS OLD AND SIGN A WAIVER FOR EACH PLAYER

### TEAM RULES:

1. Max roster of 10 players
  - a. minimum of 4 players for 6 person teams, 3 players for 5 person teams
  - b. teams may override minimum player rule if both captains agree before play begins
2. CO-ED LEAGUES MUST HAVE A MINIMUM OF 2 WOMEN ON THE COURT (teams may play with 1 woman and 4 men if both teams agree before start of game)

### LEAGUE RULES:

1. 21 point games – team wins with 2 point advantage or first team to 24 points
  - a. each team has 5 minute practice (late teams forfeit practice)
  - b. 3 games 55 minute play limit
  - c. all games are rally scoring
2. Each team is allowed a ten minute grace period allowing additional team members to show up to fulfill minimum players rule before forfeit of first game and five minutes after that for entire match forfeit. If team shows up before fifteen minutes are up, begin game two
3. Any late players must rotate into back middle row after point, before next serve.
4. **Designated captain will call coin toss. Winner chooses first serve or chooses side. First serve of first game will also serve first serve of third game.**
5. Teams will rotate courts for each game.
6. Team serving second must rotate into serve.
7. Serves can be made from any position behind back line within sidelines
8. No blocking a serve
9. Each team is allowed three hits to return the ball – IF THREE HITS, ONE MUST BE FROM A WOMAN
10. Ball Hits Net = Live Ball
11. Ball may touch any part of body for a legal hit
12. Two team members hitting a ball at the same time is considered 1 hit and either member may hit the ball again (if one team member is a woman it will be considered as a woman hit)
13. Blocking is not considered a hit and may be hit by a player again
14. **Spiking is allowed, but may be disallowed if management deems too aggressive**
15. Each team is allowed 1 time out per game not to exceed 1 minutes
16. Ball on line is “in”
17. Ball out-of-bounds is “in” if touched by player before touching ground
18. Player crossing center line or touching net = side out
19. Captains must verify scores on score sheets (PROBLEMS MUST BE BROUGHT TO MANAGER'S ATTENTION IMMEDIATELY THAT SAME DAY)
20. Ball on court from another court will repeat last play if it interfered with play
21. Since teams are making all the calls if there is a call both teams can not agree on point will be replayed.

### MAKE UP GAMES:

1. TEAMS MAY NOT SCHEDULE MAKE UP GAMES
2. FIRST MAKE UP GAME DUE TO WEATHER WILL BE MADE UP LAST WEEK OF SEASON; ADDITIONAL MAKE UP GAMES MUST BE MADE UP AT A TIME DETERMINED BY THE HOUSE MANAGEMENT, AND TEAM CAPTAINS.